

1 1 T H A N N U A L



FIRST AMERICAN STATE BANK  
**Fitness Festival**  
LEARN TO LIVE HEALTHY



KAISER PERMANENTE®

**5K RUN / WALK**

(Officially timed by timing chip)

OR

**1K FITNESS  
RUN / WALK**

(Non-timed)

Experience the  
Best After Party!

**Saturday, September 10, 2011**

7:30am Registration Opens • 8:30am Start Time

*A Great Event for the Whole Family!*

**Location:** Race Start & Finish: Crescent Park (Corner of Belleview & DTC Boulevard)

**Go Green! Save Time! Register Online!**

Go to [www.fasbfitnessfestival.com](http://www.fasbfitnessfestival.com)

**Beneficiary**

Students throughout the Cherry Creek School District will benefit from the Fitness Festival. Net proceeds go to the Community Asset Project, a priority focus of the Cherry Creek Schools. The mission of the Community Asset Project is to enrich young people's lives with development assets that lead to healthy, caring and responsible adults. Developing positive assets is a proven deterrent to negative behavior, such as tobacco, alcohol and other substance abuse and acts of violence.

**TITLE SPONSOR**



**HEALTHY LIFESTYLE SPONSOR**



**PRESENTING  
MEDIA SPONSORS**



COLORADO  
expression

**PLATINUM SPONSORS**

*The Kenneth King Foundation*  
'do the common thing in an uncommon way'

**The Vierra Family Foundation**

**BENEFITTING**



**For more information please visit [www.fasbfitnessfestival.com](http://www.fasbfitnessfestival.com)**

# GO GREEN! SAVE TIME! REGISTER ONLINE at [www.fasbfitnessfestival.com](http://www.fasbfitnessfestival.com)!

## EVENT SCHEDULE

**Saturday, September 10, 2011**

**Location: Crescent Park (Bellevue & DTC Blvd.)**

<b>7:30 am</b>	Event Day Registration Fitness Activities Silent Auction Opens
<b>8:15 am</b>	Pre-Race Aerobic Warm-up
<b>8:30 am</b>	Kaiser Permanente 5K Run/Walk or 1K Fitness Run/Walk
<b>9:00 am</b>	Live Music Food Sampling from Area Restaurants Children's Entertainment Valuable Giveaways Awards (Must be present to receive award)
<b>10:15 am</b>	Silent Auction Closes

- Awards will be presented in team categories and top male and female winners.
- Event will be held rain or shine.
- Must have wrist band, race bib or VIP badge to enjoy the food. Wristbands may be purchased separately.

## WAYS TO REGISTER

- **Online:** [www.fasbfitnessfestival.com](http://www.fasbfitnessfestival.com) (closes 11:59pm, Wednesday, September 7th)
- **By Mail:** Mail registration form with payment to: First American State Bank, 8390 E. Crescent Parkway, Suite 100, Greenwood Village, CO 80111. Make checks payable to FASB Fitness Festival, Inc. Mail-in entries must be postmarked by Friday, Aug. 26, 2011.
- **In Person:** Sign-up in person and receive your t-shirt at the following locations from Monday, August 8 through Tuesday, September 6, 2011.
  - **First American State Bank**  
8390 E. Crescent Parkway, Greenwood Village, 303-694-6464
  - **Runners Roost**  
1685 S. Colorado Blvd (at Mexico), 303-759-8455  
6554 S. Parker Rd. (at Arapahoe), 303-766-3411  
9994 Commons St. (I-25 & Lincoln), 720-596-4384
  - **Boulder Running Company**  
8505 E. Arapahoe Rd., 303-990-5000
- **Packet Pickup:** Early packet pick-up for **pre-registered** participants on Friday, September 9, 11:00 am – 4:30 pm at the First American State Bank. Packet Pick-up resumes at 7:30 am at Crescent Park on race day.

**THERE WILL BE AWARDS PRESENTED FOR SCHOOL AND COMMUNITY TEAM WITH THE MOST SPIRIT!**

## KAISER PERMANENTE 5K RUN/WALK OR 1K FITNESS RUN/WALK REGISTRATION FORM

**PLEASE COMPLETE A SEPARATE FORM FOR EACH PARTICIPANT REGISTERING!**

### ALL FIELDS REQUIRED BELOW:

Age on Race Day: \_\_\_\_\_ Sex: Female  Male

Name: \_\_\_\_\_

E-mail: \_\_\_\_\_  
(Needed for ongoing race communication)

Address: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_

Day Ph: \_\_\_\_\_ Eve Ph: \_\_\_\_\_

School (if applicable): \_\_\_\_\_

**Athlete's Release.** In consideration of the acceptance of my entry fee in the 11th Annual First American State Bank Fitness Festival & Kaiser Permanente 5k Run / Walk and 1K Fitness Run/Walk. I, for myself, my executors, administrators and assignees, do hereby release FASB Fitness Festival, Inc., and any other contributing sponsors of this race and their respective officers, members, agents, volunteers and employees for all claims arising or growing out of my participation in the First American State Bank Fitness Festival & Kaiser Permanente 5k Run / Walk and 1K Fitness Run/Walk. I attest and verify that I have knowledge of the risks involved in this event and I am physically fit and sufficiently trained to participate in this event. I also give permission for the future use of my name and picture in any broadcast, telecast, or print media account of the event. I understand that the entry fees I pay are non-refundable. Entry type (5K or 1K Fitness Run/Walk) and timing chip preference may not be changed once registration is submitted. I also give permission for future use of my name and picture in any broadcast or print media account of the event as well as allow communications from the event and its sponsors, supporters and vendors via electronic or print means. If being timed, timing chip must be returned race day or you will be charged \$30.

Signature: \_\_\_\_\_

(If under 18, must be signed by parent or legal guardian)

Please charge my credit card:  Visa  MasterCard

Card No.: \_\_\_\_\_ Exp Date: \_\_\_\_ / \_\_\_\_

Security Number \_\_\_\_ (3 digit authorization code)

Check attached, payable to: FASB Fitness Festival Inc.

Cash (location received: \_\_\_\_\_, employee initials: \_\_\_\_\_)

BIB# (office use only) \_\_\_\_\_

### CHOOSE ONE:

- Kaiser Permanente 5K Run/Walk (timed)
- 1K Fitness Run/Walk (not timed)

### CHECK IF APPLICABLE:

- Cherry Creek Fitness Challenge (only for CCSD students grades K-5)

### ENTRY FEES:

- CHILDREN 17 & UNDER **\$15**  
(\$25 RACE DAY)
- SENIORS 60-OVER **\$15**  
(\$25 RACE DAY)
- ADULTS **\$27**  
(\$37 RACE DAY)
- FAMILY FOUR PACK **\$75**  
(\$110 RACE DAY)

*Requires separate form for each family member, stapled together with payment.*

- AFTER PARTY FOOD SAMPLING ONLY **\$10**  
(\$15 RACE DAY)  
(WRIST BAND)

- I would like to add an additional donation of \$\_\_\_\_\_ to be applied to the Community Asset Project

### T-SHIRT SIZE:

- Youth Med
- Adult S  M  L  XL  XXL

**For more information, visit [www.fasbfitnessfestival.com](http://www.fasbfitnessfestival.com). To volunteer, please contact us at [fasbffvolunteers@gmail.com](mailto:fasbffvolunteers@gmail.com).**